

CALLIOPE

Story

journaling prompts

1. What's your favourite story/fairy tale? Describe it. Why is it a favourite?

2. Who was your hero/heroine when you were growing up? What were some of their unique characteristics? Do you still value these attributes? If not, why?

3. What are the things in your home that you really wouldn't want to live without? Why?

4. What 5 things do you prioritise spending time on in your days?

5. What issues really fire you up?

6. What things do you do that make you lose track of time?