

MELPOMENE

Death

journaling prompts

1. What are your feelings on death? How did they change after experiencing the death of someone close, if this is something you have experienced?

2. What are your personal beliefs around what happens after death?

3. What are some scenarios in life where you've seen that a closed door opened a new one?

4. Have you experienced the cycles of creative death? How so?

5. Do you believe in silver linings? If so, can you remember some for any tragic events in your life? And if not, what are your beliefs or thoughts around tragedy?